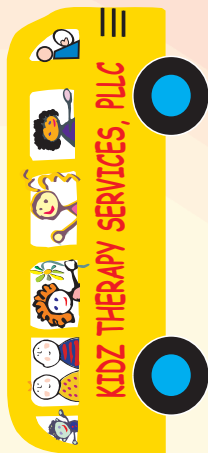


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300 Garden City Plaza, Suite 350  
Garden City, NY 11530



Servicing  
Nassau, Suffolk,  
Queens, Brooklyn and NYC

**Picky Eaters vs. Problem Feeders:  
The SOS Approach to Feeding**

March 5-7, 2010  
7:30 – 5:00

*This workshop will present a transdisciplinary approach to assessing and treating children with feeding and weight/growth difficulties. This program integrates sensory, motor, oral, behavioral/learning, medical and nutritional factors and approaches in order to comprehensively evaluate and manage children with feeding/growth problems.*

**Advanced Feeding Workshops**

March 8, 2010  
7:30 – 5:00

Feeding the 6-16 Month Old  
From Variety to Volume  
Feeding the Child with ASD

**Presenters**

**Kay A. Toomey, Ph.D.**  
**Erin Ross, Ph.D., CCC-SLP**  
**Amanda Lester, M.S., CCC-SLP**

**Long Island University**  
**C.W. Post Campus**  
**Humanities Hall**  
**720 Northern Blvd, Brookville, N.Y.**



**300 Garden City Plaza, Suite 350**  
**Garden City, NY 11530**

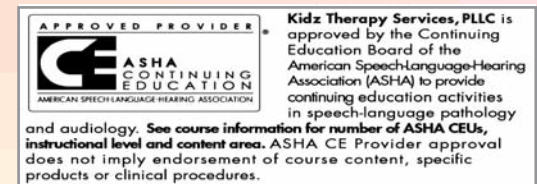
**49 Wireless Boulevard, Suite 170**  
**Hauppauge, NY 11788**

**P:516-747-9030 F:516-747-1833**  
**www.kidztherapy.com**

**BASIC SOS COURSE DESCRIPTION**

The SOS Approach to Feeding is a transdisciplinary program for assessing and treating children with feeding and weight/growth difficulties. This program integrates sensory, motor, oral, behavioral/learning, medical and nutritional factors and approaches in order to comprehensively evaluate and manage children with feeding/growth problems. It is based on, and grounded philosophically in, the “normal” developmental steps, stages and skills of feeding found in typically developing children. The treatment component of the program utilizes these typical developmental steps toward feeding to create a systematic desensitization hierarchy of skills/behaviors necessary for children to progress with eating various textures and with growing at an appropriate rate for them. The assessment component of the program makes sure that all physical reasons for atypical feeding development are examined and appropriately treated medically. In addition, the SOS Approach works to identify any nutritional deficits and to develop recommendations as appropriate to each individual child’s growth parameters and needs. Skills across all developmental areas are also assessed with regards to feeding, as well as an examination of learning capabilities with regards to using the SOS program.

*Advanced Feeding Workshops are offered only to participants who have taken the Basic SOS course - proof required.*



Basic Course is offered for 2.2 ASHA CEUs  
(Intermediate level, Professional area)

Advanced Am session .3 ASHA CEUs, PM .4 ASHA CEUs



Kidz Therapy Services is an AOTA Approved Provider of continuing education. AOTA does not endorse specific

course content, products, or clinical procedures. Basic course is being offered for 2.2 CEUs, Advance AM .3 CEUs, PM .4 CEUs. *The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.*

Kidz Therapy Services is approved by the **National Association of School Psychologists** to offer continuing education for school psychologists. Kidz Therapy Services maintains responsibility for the program. This course is offered for 2.2 CE hours/CPD credits.



## TARGET AUDIENCE

Professionals who work with children with feeding difficulties including Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Psychologists, School Psychologists, Nurses, Physicians, Dietitians, other Child Care Providers and Educators.

## LEARNER OBJECTIVES

Learner objectives for the Basic Course and Advanced Feeding Workshops are available upon request. Send request to: [mlaska@kidztherapy.com](mailto:mlaska@kidztherapy.com)

## BIOGRAPHICAL INFORMATION

**Kay Toomey, Ph.D.** is a Pediatric Psychologist who has worked with children who don't eat for almost 20 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with Feeding Problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey is currently the President of Toomey & Associates, Inc.

**Erin Ross, Ph.D., CCC-SLP** received her Doctor of Philosophy from the University of Colorado at Denver and Health Sciences Center in May, 2007, and her Master's Degree in Speech and Language Pathology from California State University, Stanislaus in May, 1988. She completed a Post-Doctoral Fellowship in the Section of Nutrition, Department of Pediatrics, School of Medicine at the University of Colorado Denver. Dr. Ross works clinically in several NICU settings in the Denver metropolitan area in addition to her work with SOS Feeding Solutions. Dr. Ross has an Honorary Research Fellow appointment with the University of Queensland, Australia and a Clinical Instructor appointment with the University of Colorado Denver. She has a specialized interest and expertise in evaluating and treating feeding and growth problems in the medically fragile infant and young child. Dr. Ross also speaks internationally on the subject of feeding and growth in the medically-fragile infant.

**Amanda Lester, M.S. CCC-SLP** is a pediatric Speech-Language Pathologist with broad experiences in working with children with a variety of diagnoses in school, hospital and private practice settings. She has specializations in treating children with Emotional Disorders and Feeding Disorders. In addition to working with Dr. Toomey since 2005, Ms. Lester provides Speech/Language consultations for children with Sensory Processing Disorders being treated at the STAR Center.

## AGENDA BASIC FEEDING WORKSHOP

Dismissal 5:00  
Day One - Friday

- 7:30 Registration & Continental Breakfast
- 8:00 Introduction, Date, Tenets, Myths
- 10:00 Break
- 10:15 Milestones - Learning, Breathing, Motor
- 12:00 Lunch on your own
- 1:00 Milestones - Oral Motor, Sensory
- 3:00 Break
- 3:15 Milestones – Steps to Eating, Developing a Food Continuum, Cognitive, Psychosocial

### Day Two – Saturday

- 7:30 Sign-In & Continental Breakfast
- 8:00 General Tx Recommendations, Food Jags
- 10:00 Break
- 10:15 Assessment of Feeding Problems
- 12:00 Lunch on your own
- 1:00 Intro to SOS – Desensitization, Cues, Language
- 3:00 Break
- 3:15 Language cont'd – Tx Format for Child & Parent

### Day Three – Sunday

- 7:30 Sign-In & Continental Breakfast
- 8:00 SOS Tx Format – Food Hierarchies
- 10:00 Break
- 10:15 SOS Tx Format – Hierarchy Strategies
- 12:00 Lunch on your own
- 1:00 Managing Maladaptive Behaviors
- 3:00 Break
- 3:15 **Parents as Partners** (working behind the mirror)

### Day Four – Monday ADVANCED FEEDING WORKSHOPS

- 7:30 Registration & Continental Breakfast
- 8:00 **Feeding the 6-16 Month Old Child Workshop**
- 10:00 Break
- 10:15 **Feeding the 6-16 Month Old Child – cont'd**
- 11:15 Questions & Answers
- 11:30 Lunch on your own
- 12:15 PM (only) Registration
- 12:30 **From Variety to Volume Workshop**
- 2:15 Break
- 2:30 **Feeding the Child with ASD Workshop**
- 4:30 Questions & Answers

To request special accommodations or for information:  
Dr. Margaret Laska - 516 747-9030 ext. 134  
[mlaska@kidztherapy.com](mailto:mlaska@kidztherapy.com)

**Refund Policy:** A handling fee of \$50 will be deducted for *all* cancellations for 3 day wksp./ \$25 for half or 1 day wksp. Refund requests must be received by mail/e-mail at *least* 15 days prior to the conference date. No refunds will be issued after February 18, 2010.

## REGISTRATION

I plan to attend the March 5-7, 2010 conference, **"Picky Eaters vs. Problem Feeders: The SOS Approach to Feeding" and/or March 8, 2010 Advanced Feeding Workshop(s).**

### WAYS TO REGISTER:

**Online:** [www.kidztherapy.com](http://www.kidztherapy.com) with credit card

**By Fax** with credit card 516 747-1833

**By Phone** with credit card 516 747-9030 x161

**By mail** with check/credit card: Kidz Therapy Services, 300 Garden City Plaza Ste 350, Garden City, NY 11530

Print Information Clearly

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ Profession \_\_\_\_\_

E-mail Address \_\_\_\_\_

### Please check one:

#### Basic SOS Feeding Workshop (Days 1-3)

Registration by **February 19, 2010** - \$495

Basic + Day 4 **AM** Session \$575

Basic + Day 4 **PM** Session \$575

Basic + Day 4 **Am & PM** Session \$650

#### Advanced Feeding Workshops – Day 4 only

Proof of SOS Basic Course Required – Fax or Mail

AM Session \$95     PM Session \$95

AM & PM Sessions \$175

**Fees include breakfast for full day workshops**

*No purchase orders accepted.*

| PAYMENT METHOD  | Amount \$ _____       |
|---|-----------------------|
| <input type="checkbox"/> Check enclosed payable to: Kidz Therapy Services, PLLC |                       |
| <input type="checkbox"/> Credit Card - Visa _____ MasterCard _____              |                       |
| Credit Card Number _____  | Expiration Date _____ |
| Name as it appears on card _____  |                       |
| Authorized Signature _____  |                       |